



# Christ Church Cathedral School

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January 28, 2010

Dear Parents,

**Collection of Items to Send to Haiti:** Following an initiative by Jansen Gibbs in grade 7, we have begun to collect items for Haiti. Outside the office the boxes are filling up. Please bring in, over the next couple of weeks, school supplies, clothing (suitable for the Haitian climate) and any other items you think might be useful. In early to mid-February it will all be delivered to the Compassionate Resource Warehouse which will forward it to Haiti.

**Pro-D Day:** Friday February 5<sup>th</sup> is a Pro-D Day. Lux Mundi care will be available if there are enough children. Please let Todd or other Lux Mundi staff know by Mon. Feb. 1<sup>st</sup> if your child will need care for the day.

**New Head of School:** If you have not already done so, please check the email you received from the School on Tuesday Jan 26<sup>th</sup> for details about the appointment of Stuart Hall to be the new Head of School.

**Early Dismissal:** Wednesday Feb 3<sup>rd</sup> is an early dismissal day. School ends at 2:00 p.m.

**Developments in the Diocese:** Some of you may have seen images of the Cathedral on the news this past week. This is just a quick note to let you know that there will be no foreseeable significant changes at Christ Church Cathedral or at the School. The changes in the Diocese will have an impact on all Anglican churches, and you are welcome to visit the Cathedral website ([www.christchurchcathedral.bc.ca](http://www.christchurchcathedral.bc.ca)) on Friday to view the Dean's comments on the report of the Diocesan Transformation Team.

**Calling all talented students of Christ Church Cathedral School!** We are looking forward to our annual Talent Show to be held in late April. Auditions will begin the week of February 8<sup>th</sup> and continue to Spring Break. We are asking students to consider a talent they may wish to share at the Talent Show and sign up for an audition. More details will be given at Friday's assembly. Mrs. Kennedy, Mme Clarke & Mrs. Trevena

**Spring Fair:** Please change the Spring Fair date on your calendars. Due to a conference being held at the Cathedral, the date of the Annual Spring Fair has been changed from May 29<sup>th</sup> to Saturday, June 12<sup>th</sup>, 2010.

**Music Lessons:** Mrs. Stacey has a few lunchtime spots available in February for piano, cello or singing lessons. Anyone interested is invited to contact Mrs. Stacey by email at [themusicbox@rocketmail.com](mailto:themusicbox@rocketmail.com) for further details.

**La Chandeleur or Crêpe Day:** Please see the next page for information from Mme Clarke.

Sincerely,

*Charles*

Charles Peacock, Head of School



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## La Chandeleur or Crêpe Day

Traditionally in France this was the feast to celebrate the purification of the Virgin Mary and the presentation of baby Jesus in the temple. Candles were blessed at churches and the day was sometimes referred to as “La fête de la lumière”.

Today in France, it is also a chance for many people to enjoy crêpes and play a fortune telling game as well!

In French class, we are preparing to celebrate **La chandeleur or Crêpe Day** on February 2nd. The auditorium will be turned into a Parisian café. The students will enjoy a crêpe, play “faire sauter les crêpes” and decorate a candle. Margaret Gibb’s has generously volunteered her talents so that all the classes can enjoy this celebration.

If your child has food allergies and you are concerned about the ingredients in the crêpes, please send along a special snack so that they can enjoy an appropriate treat.

The Grade Seven class is preparing posters illustrating some of the famous monuments in the beautiful city of Paris.

The celebration will take place on Tuesday morning from 8:40 – 12:00 during the regular French class times. The middle school students will be partnered up with the younger students and come at their partner’s French class time.

If you are able to help on Tuesday morning, please contact the office and leave your phone number – I will call you back with details. It would be great to have 3 parents to help in the auditorium.

The students have worked hard this year in French class and they are excited to celebrate together. Moi aussi!

Merci,

Mme Clarke

# January 28<sup>th</sup>, 2010 The Parent Support Group Report

Would you? Could you? Do some Yoga? In a Toga?



Thursday, February 25<sup>th</sup> 6:30 p.m. to about 8:30 p.m.

Come prepared to nourish and pamper your body's largest organ. In this two-hour evening you will enjoy beneficial yoga that awakens your skin, deepens your breathing, enlivens your blood circulation and relaxes your jangled essence. You'll also enjoy applying your own refreshing facial using natural skin care preparations (included).

The yoga is designed for everyone's ability – you won't need to pretzel yourself



Tickets are \$30 per person. All genders are welcome, and the attendance is limited to 25 so don't drag your feet! Everyone needs to see Bev to be signed up and paid up and ticketed up by February 18<sup>th</sup>. **Find all the skin tingling details at the end of this PSG Report.**

♪♪ **Did you ever half to make up your mind?**

The Lovin' Spoonful would have loved this offer because you don't have to choose – you can order *both* the sushi and subway lunch. Order forms went out this week with the kids and we can send you one if you missed it.



Sushi/Subway lunch order forms and payment are **due February 3<sup>rd</sup>!**



## NEXT PSG MEETING



Our next PSG Meeting is:  
5:30 PM, February 18<sup>th</sup> in the School Library.

Keep  
Reading!



# *“An Evening of Poetry”*

**Honouring Mr. Charles Peacock, Head of School,  
Christ Church Cathedral School, on his retirement**



**Time (tentative):** 7:00 to 9:00 PM  
**Date (confirmed):** Saturday, May 8th, 2010  
**Location:** Sea Cider Farm and Ciderhouse  
2487 Mt. St. Michael Road  
Saanichton, BC V8M 1T7  
Tel: (250) 544-4824  
Email: [info@seacider.ca](mailto:info@seacider.ca)  
Web: [Seacider.ca](http://Seacider.ca)



**Tickets:** \$30 per person  
**Reception:** Mingling, cocktails and tasting platters style  
**Bar:** Cider Experience with a cash bar

During this unique evening, we will have the pleasure of Charles sharing with us some of the poetry that has meant the most to him in his lifelong love of the word.

Don't forget to mark your calendars! More details will follow.

## Your Yoga-Face A Yoga Beauty Routine Just for You

Your Yoga Face is a workshop designed to help minimize the effect of time and environment upon your skin. Come prepared to nourish and pamper your body's largest organ by participating in beneficial yoga practices and applying natural skin care preparations.

Your Yoga Face combines elements drawn from ancient Hatha Yoga and Ayurvedic practices.

During this two hour hands-on workshop, you will be guided through a gentle and restorative Hatha Yoga routine. You will practice breath control, hand mudras, vocalization exercises and relaxation techniques, all geared to encourage healthy and resilient skin.

Having worked from the inside out you will then work from the outside in by treating yourself to an Ayurvedic style facial. Using traditional blends of natural materials you will be guided to cleanse, exfoliate, moisturize and balance facial energy points.

You will leave feeling refreshed and glowing inside and out.

Note: Because much of this workshop takes place seated on the floor, participants must be able to get up and down safely and unaided. For those with health issues or concerns Doctor's approval is required. An activity waiver may also be required.

Please bring with you a towel, bottle of water, mat and pillow. The workshop is scheduled for **Thursday, February 25 from 6:30 p.m. to 8:30 p.m. in the auditorium.** Come out and help support your school as well as treating yourself to a wonderful evening. **Tickets are \$30 per person (both women and men are welcome to attend).**

